



BluffParkAl.org Adopt-a-Soldier

info@bluffparkal.org 205-201-0389

Care Package Items

Here's a list of items. This list is compiled from both what they have asked for, and from the "Themed" items at the end of the list, which comes to us from Schofield Barracks.

Baby Wipes	Single drink mixes for water bottles
Shampoo	Soap
Deodorant	Toothbrush
Toothpaste	Eye Wash
Nasal Spray	Chapstick
Bandana	Tea
Cocoa	Coffee (Instant)
Coffee (Singles)	Creamer
Sugar	International Coffee Tins
Cookies	Grey Poupon
Electronic Handheld Games	Sunscreen
Beach Snacks	Shower Shoes
Aloe Vera Gel	Aspirin
Band-Aids	Gummy Bears (6 lbs. for \$5.97 at Sam's Club!)
Neosporin Cream	Cold Medicine
Alka Seltzer	Rolaids/Tums
Nutri	Nutrition Bars (Powerbar, Tigers Milk, Myoplex)
Vitamins	Nutri-Grain Bars
Granola Bars	Gatorade or other sports drink mix
Notebook paper	Stationary
Pens	Pencils
Envelopes	Address Book
Deck of Cards	Dominoes
Toilet Paper (the soft stuff)	Razor refills
Foot powder	Bars of soap
Fresh, clean washcloths	Body wash
Travel Size Shampoo/Conditioner	M&Ms
Nuts	Chips
Dips	Crackers
Jelly Beans	Beef Jerky
Gum	Multigrain Bars
Instant Oatmeal	Small Boxes of Cereal
Pop Tarts	Hostess Pastries/Little Debbie Cakes
Otis Spunkmeyer Muffins	Tang
Back Scratcher	Bubble Wrap

Yo-Yo	Squeezy Tension Ball
Peanuts	Cashews
Pistachios	Peanut Butter Cookies
Nutter Butters	Pop Rocks
Hot Tamales Candy	Small cans of Chili
Red Pepper Flakes	Salsa Sun Flower Seeds
Cajun Flavor Pringles (or any flavor Pringles)	Spicy Chex Mix
Boston Red Hots Candy	Peppered Beef Jerky
Taco Bell Hot Sauce Packets	Chili Powder
Nacho Cheese Sauce in Can	Dr. Scholl's Show/Boot Inserts
Foot Lotion	Foot File
Fresh Clean Socks	Toe Nail Clippers
Scrub Brush	Odor Eaters for Boots
Foot Soaks (include a large ziplock bag)	Regular Oreos
Peanut Butter Oreos	Double Stuff Oreos
Low Fat Oreos	Chocolate Filled Oreos
Holiday Oreos	Chocolate Covered Oreos
Mexican Velveeta	Salsa
Small Can of Olives (don't forget the can opener)	Bean Dip
Nacho Cheese Dip	Small Can of Green Chiles
Jar of Jalapenos	Taco Seasoning
Taco Sauce	Nerds
Laffy Taffy	Bubble Gum
Tootsie Rolls	Lolli Pops (any candy that won't melt)
Goldfish Crackers	Tuna Pouches
Canned Smoked Salmon	
Here are some Themed Care Package Ideas:	
" Surviving the Sandstorms "- Eye wash; Nasal spray; Chapstick; Bandana; goggles/sun glasses; etc	" Lotta Java "- Tea; Cocoa; Coffee singles; creamer; sugar; International Coffee tins; cookies for dunking in coffee
" Thanks a Million!! "- Things that may "seem" expensive. Ex: Grey Poupon; electronic game of "Who wants to be a Millionaire?";	" A Day at the Beach! "- sunscreen; beach towel; beach snacks; flip flop sandals (shower shoes); aloe vera gel;
" Medicine Cabinet "- aspirin; band-aids; Neosporin cream; A&D ointment; cold medicine; alka seltzer; Roloids; etc.	" Staying Healthy "- nutrition/health bars (ex: Powerbar; Tigers Milk; Myoplex); vitamins; Nutri-grain bars; Gatorade or other sports drink (to stay hydrated);
" Correspondence Carton "- notebook paper; stationery; pens; pencils; stickers (who knows they may even play with these!!); envelopes, address book (filled out already of course); camera (with a note to send back once it is full);	" Action Hero's "- Powerbars; squirt guns; Red Bull drinks; small Army figurines; comic books; Gatorade; Red Bull drinks; etc
" To Be A Kid Again "- silly string; bubbles; small bouncy balls; hacky sacks; brain teaser toys (rubix cube, etc); deck of cards; dominoes; slinky, Frisbee's; Pez w/ dispenser; Nerf balls; sand box toys (pail, small shovel, etc);	" Bathroom in a Box "- TOILET PAPER!!! (the soft stuff); razor refills; foot powder; bars of soap; fresh, clean, soft washcloth; travel-size shampoo/conditioner; toothpaste; toothbrush; etc
" Ruck Sack Snack Pack "- packed full of your loved one's favorite snacks?.possibilit ies endless. Doritos; M&M's; nuts; chips; dips; crackers; jelly beans; beef jerky; gum;	" Breakfast on the GO "- mutrigrain bars; instant oatmeal cups; small boxes of cereal; pop tarts; Hostess donuts: Otis Spunk Meyer muffins; cocoa; coffee; Tang;

"Stress Reliever" - back scratcher; bubble wrap; yo-yo's; bubbles; squeezey tension ball;	
"I'm Nuts About You" - peanuts; cashews; pistachios; peanut butter cookies; any candy or cookies with nuts in them; Nutter Butter's; Peanut Lover's Chex mix; Fiddle Faddle with peanuts	"Rock On" or "Charlie ROCK" - pop rocks; music cd's
"Chili Today, Hot Tamale" - hot tamales (candy); small cans of chili; red pepper flakes (like the ones at pizza parlors); salsa sunflower seeds; Cajun flavor Pringles; Spicy chex mix; Boston red hots; peppered beef jerky; taco bell hot sauce packets; Extreme Doritos; chili powder; nacho cheese sauce in a can; Tums/Rolaids .. etc	"And this little piggy went to the sandbox" - (foot care kit)- foot powder; Dr, Scholl's boot inserts; foot lotion; foot file; fresh, clean socks; toe nail clippers; scrub brush; odor eaters for shoes/boots; foot soaks (either include a small bucket or large Ziploc bags to soak feet it)
"How do you eat your OREOS??!" - regular Oreos; peanut butter Oreos; double stuff Oreos; low fat Oreos; chocolate filled Oreos; chocolate covered Oreos; holiday Oreos	"Muchas Gracias...Nachos Supreme" - Doritos &/or Fritos &/or any corn tortilla chips; Mexican Velveeta; salsa (wrapped in bubble wrap); small can of olives (don't forget the can opener); bean dip; nacho cheese dip; small can of green chilies; jar of jalapenos (wrapped in bubble wrap); taco seasoning; small paper plates or bowls (so they can make their nachos); taco sauce (especially easy are those condiment packets from Taco Bell); You could also send the sauces from the various Mexican dinner kits (they also have tortilla's in those dinner kits that are sealed so they would probably get there without molding or drying out); Taco Bell Nacho Supreme kit
"Sweet Tooth" - Nerds; Gummy Bears; Laffy Taffy; Bubble Gum; Tootsie Rolls; Lolli pops; (any candy that won't melt)	"Congrats on your promotion" - congratulation party favors; all your loved ones favorites snacks; sparkled cider (wrapped in bubble wrap of course); etc.
"For the Fisherman" - Goldfish crackers; tuna pouches; canned smoked salmon; cans of sardines; gummy worms; Go Fish card game; Field & Stream magazine; electronic fishing rod game; Sponge Bob Square Pants stuffed toy; fishing game toy (made by several different toy companies. Has a small fishing pole with a magnet on the end. Fish have magnets on their mouths);	"Say CHEEESE!" - disposable cameras; cheese dip; Doritos; Cheetos; Cheese nips; Better Cheddars; Velveeta;
"Kick Back & Relax" - Dominoes; playing cards; magazines; books; music cd's; crossword puzzles; jigsaw puzzles; word searches; hand held electronic games; squirt guns; water balloons; bubbles; hacky sacks; Nerf balls; board games (Axis & Allies, Clue, Trivial Pursuit, etc);	"Christmas in July" - wrap everything in Christmas wrapping paper; peppermint flavored hard candies;
"Italian Stallion" - Italian cheese Ghardetto's; Pizza-licious Pringles; Pepperoni pizza Combo's; small Boboli pizza bread; pizza sauce (for dipping Boboli); canned Ravioli, spaghetti, lasagna, etc;	"American Classics" - Pez with dispensers; Cracker Jacks; Lifesavers; Necco Wafers; Pop Rocks; Nerds; Good & Plenty; Candy Necklaces; Candy cigarettes
"Deployed on Thanksgiving" - canned turkey; instant mashed potato cups; hard breadsticks; gravy in a jar (wrapped in bubble wrap); Hostess apple pies; small can of corn (or other veggie); something special to cheer them up on	

CAKE IN A JAR**INGREDIENTS**

1 (18.25 ounce) package yellow cake mix

8 straight-sided wide-mouth pint canning jars with lids and rings

DIRECTIONS

Prepare the cake according to package instructions, or use any cake recipe.

In pint, straight-sided wide-mouth jars, put 1 cup of batter in each greased jar. Make sure to keep the rims of the jars clean. Put in preheated oven 350 degrees F (175 degrees C). Place jars on a cookie sheet to keep from tipping over while baking.

Bake for 30 to 35 minutes, or until a toothpick inserted into cake comes out clean.

While they are baking, have your jar lids boiling in a pan of water. When the cake is done, take one jar out at a time and add the hot lid and screw on your jar ring and let set and cool.

It will seal as it cools. Place the jars on the counter and listen for them to 'ping' as they seal. If you miss the 'ping', wait until they are completely cool and press on the top of the lid. If it doesn't move at all, it's sealed.

After it cools it will pull away from the jar and when you are ready to eat, open and pop out the cake and enjoy. Lasts awhile so great for sending to deployed soldiers!